

# November: Mama Said There'd Be Days Like This

Give your life to Jesus, they said. He will make everything better, they said. Maybe it's just me, but it seems like the very moment I gave my life to Christ things got worse. There's an old song by The Shirelles entitled "Mama Said There'd Be Days Like This". It speaks of the reality of life that our elders warned would eventually find us sooner or later. They'd sum it up in these few words "Just keep on living".

Welp, that's exactly what I've been doing: living. I'm only 32 years in, but it's safe for me to come to this conclusion: Life is hard. I'll spare you my long list of heartaches and disappointments I've endured, because I'm sure you have your own list to manage. However, I want to point out a major fact: Not only did Mama say there'd be days like this, Jesus said it as well.

In the world ye shall have tribulation: but be of good cheer; I have overcome the world. John 16:33

Synonyms for tribulation include: suffering, trouble, grief, unhappiness, heartache and pain. Jesus said we would have tribulation, but to be of good cheer, because he overcame the world. Isn't it strange how we do the exact opposite of what Christ told us to do when tribulations come? Good cheer? Yeah right. When tribulations come I'm sure my reaction makes them worse. Tribulations make me feel like God has abandoned me. More than often they've caused me to slip into depression. While in tribulation I earnestly ask God to make it go away asap. Can you relate?

What would our lives look like if we took heed to the words of Christ and chose to be of good cheer when trials and tribulations come knocking at our door? Think of the stress we'd eliminate by simply choosing to be of good cheer, because we already know that Jesus has overcome the world.

I'm done with being shocked when trials and tribulations come knocking at my door. Mama and Jesus said they'd be days like this. Instead, I choose to be of good cheer. My father has already overcome the world. I need to simply be still and know. Will you join me?

Are you currently facing trials in your life? Take a moment to examine your reaction. Has it been cheerful? If not, make a list of changes you plan to make.



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